

Parent & Child Activity Calendar

Early Childhood
Camden County Public Schools



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Just for fun, serve a “backwards dinner.” Eat dessert first.	2 Turn your child’s plate upside down before putting food on it. Explain the concept of “upside down.”	3 Hide an object and give your child three easy clues to find it. Praise her for following directions when she finds it.	4 Encourage independence. Make rules with your child about getting his own snack or going out to play.	5 Plant a fall flower, such as a mum, with your child. Or plant bulbs that will come up in the spring.
6 Encourage your child to draw a self-portrait.	7 Write a number and have your child mold the shape of the number with clay or play dough.	8 Give your child a set of household objects and ask her to line them up from smallest to largest.	9 Cut shapes from different colors of paper. Make at least two of each shape. Have your child match them.	10 Talk about things you are thankful for. Tell your child he’s at the top of your list.	11 Turn on three different types of music today. Make up movements with your child for each type.	12 Visit the library to check out some books to read. Enjoy them together.
13 Teach your child the “Golden Rule”—treat others as you would like to be treated.	14 Praise your child for something he did today. Make your praise as specific as possible.	15 Ask your child to name an animal with stripes. Then have her name one with spots.	16 When your child has a problem, give him two possible solutions and let him decide which one to choose.	17 Help your child make a get-well card for a friend or relative who is feeling under the weather.	18 Make today red day. Have your child color a picture red. Find foods to eat that are red. Look for the color red all day.	19 Create leaf impressions. Place a sheet of paper over leaves and help your child rub over the paper with crayons.
20 In the morning, help your child find five of her favorite books. Read all of them sometime today.	21 Take your child outside for a “listening minute.” Each of you close your eyes and try to name the sounds you hear.	22 Fill glasses with different amounts of water. Have your child tap them with a spoon and listen to the different tones.	23 Create an obstacle course for your child. He could go <i>around</i> a chair, <i>under</i> a table or <i>through</i> a box.	24 Look at the weather forecast. Together, compare the weather where you live to the weather in the rest of the country.	25 Ask your child <i>how</i> and <i>why</i> questions to give her experience answering questions that require reasoning.	26 Help your child round up some friends and play a game together outside.
27 Resist the urge to overschedule your child. Kids need “down time” to think, imagine and play.	28 Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	29 Talk about shapes while riding in the car. Road signs come in different shapes and will help your child learn them.	30 Let your child draw on paper towels with washable markers. Spray the towels with water. Watch the colors blend!	<h1>September 2015</h1>		